## **Doctor's Instructions**

## Name & age of patient Sian McCloud 26 Summary Card

Past Medical History: anxiety and depression for three years

DH: fluoxetine 20mg od propranolol 40 mg od or bd

Allergies: nil recorded

## Case Notes - Last few entries in records:

one month ago heavy painful periods, options discussed. Keen for Mirena coil.

Six months ago anxiety symptoms situational, finds propranolol helpful. 40mg OD prn.